

## Adams (AA) 2020 Rankings

### County Demographics

	County	State
Population	3,645	3,156,145
% below 18 years of age	21.1%	23.2%
% 65 and older	23.1%	17.1%
% Non-Hispanic Black	0.3%	3.8%
% American Indian & Alaska Native	0.5%	0.5%
% Asian	0.7%	2.7%
% Native Hawaiian/Other Pacific Islander	0.0%	0.1%
% Hispanic	1.5%	6.2%
% Non-Hispanic White	96.2%	85.3%
% not proficient in English	0%	2%
% Females	49.9%	50.2%
% Rural	100.0%	36.0%

	Adams County	Error Margin	Top U.S. Performers ^	Iowa	Rank (of 99)
<b>Health Outcomes</b>					<b>53</b>
<b>Length of Life</b>					<b>57</b>
Premature death			5,500	6,200	
<b>Quality of Life</b>					<b>47</b>
Poor or fair health **	12%	12-13%	12%	14%	
Poor physical health days **	3.1	2.9-3.3	3.1	3.3	
Poor mental health days **	3.4	3.2-3.7	3.4	3.6	
Low birthweight	7%	4-10%	6%	7%	

### Additional Health Outcomes (not included in overall ranking)

Life expectancy	78.4	75.0-81.8	81.1	79.4
Premature age-adjusted mortality	360	260-500	270	320
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress	9%	9-10%	9%	10%
Frequent mental distress	11%	10-11%	11%	11%
Diabetes prevalence	14%	7-24%	7%	10%
HIV prevalence			41	98

### Health Factors

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### Health Behaviors

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Adult smoking **	16%	15-16%	14%	17%
Adult obesity	30%	22-41%	26%	33%
Food environment index	8.7		8.6	8.2
Physical inactivity	25%	16-35%	20%	24%
Access to exercise opportunities	54%		91%	83%
Excessive drinking **	20%	19-21%	13%	22%
Alcohol-impaired driving deaths	0%	0-42%	11%	27%
Sexually transmitted infections	244.2		161.4	441.6
Teen births	24	14-39	13	19

### Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	11%
Limited access to healthy foods	1%		2%	6%
Drug overdose deaths			10	10
Motor vehicle crash deaths			9	11
Insufficient sleep	27%	26-28%	27%	28%

## Clinical Care

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Uninsured	6%	5-7%	6%	5%
Primary care physicians	3,690:1		1,030:1	1,370:1
Dentists	1,220:1		1,240:1	1,500:1
Mental health providers	3,650:1		290:1	640:1
Preventable hospital stays	2,062		2,761	3,808
Mammography screening	55%		50%	51%
Flu vaccinations	45%		53%	53%

## Additional Clinical Care (not included in overall ranking)

Uninsured adults	7%	6-8%	7%	7%
Uninsured children	4%	3-6%	3%	3%
Other primary care providers	1,215:1		665:1	990:1

## Social &amp; Economic Factors

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High school graduation	98%		96%	91%
Some college	70%	58-82%	73%	70%
Unemployment	1.9%		2.6%	2.5%
Children in poverty	20%	13-27%	11%	14%
Income inequality	3.5	2.8-4.2	3.7	4.2
Children in single-parent households	14%	6-21%	20%	29%
Social associations	10.9		18.4	15.2
Violent crime	66		63	282
Injury deaths	86	49-139	58	67

## Additional Social &amp; Economic Factors (not included in overall ranking)

Disconnected youth			4%	5%
Reading scores	3.1		3.4	3.1
Math scores	2.8		3.4	3.1
Median household income	\$51,600	\$44,900-58,300	\$69,000	\$60,100
Children eligible for free or reduced price lunch	45%		32%	40%
Residential segregation - Black/White			23	62
Residential segregation - non-white/white			14	48
Homicides			2	2
Suicides			11	14
Firearm fatalities			8	9
Juvenile arrests				37

## Physical Environment

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Air pollution - particulate matter **	8.7		6.1	9.0
Drinking water violations	No			
Severe housing problems	7%	5-10%	9%	12%
Driving alone to work	77%	71-83%	72%	81%
Long commute - driving alone	22%	17-28%	16%	20%

## Additional Physical Environment (not included in overall ranking)

Traffic volume	145			1,461
Homeownership	77%	75-80%	81%	71%
Severe housing cost burden	6%	2-9%	7%	10%

Areas to Explore

Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years